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**PERRI & SIDDIQUE SPINE SURGERY INC.**

444 S. SAN VICENTE BLVD SUITE 800  
LOS ANGELES, CA. 90048  
(310) 423-9780

**IMPORTANT PRE-OPERATIVE INFORMATION**

Please be sure to bring along a list of your medications to the internist the day you are scheduled for pre-op clearance. You will want to ask your internist what needs to be discontinued and what medications you can continue taking.

Please be sure that any of the following blood thinning medications are discontinued at least 10 days prior to your surgery:

Aspirin or any Aspirin containing medications such as: anti-inflammatories, Vitamin A, Vitamin E, St. Johns Wart, MSM, Glucosamine, SAM-E, Ginger and garlic tablets OR non steroidal anagelsics such as: Advil, Aleve, Ibuprofen, Mobic, Nuprin, Naprosyn, Chinese Herbs or plant extracts (especially: Ginko-Biloba, Mahuang, Kava Kava Root, or Ginseng).  
Most pain medication will not need to be discontinued.

Most of you will have been asked to bring ALL your spine study FILMS with you to the hospital for your surgery. Dr. Siddique and Perri will not be able to perform your surgery unless you bring these FILMS with you. These studies may include X-rays, MRI, CT and/or myelograms. If you do not have these FILMS, please, contact our office and be sure that our staff has them. If our office does not have them we may assist in tracking them down prior to your surgery.

You will need to contact our office staff to schedule a post-operative appointment. This appointment is usually within 1-2 weeks after the date of your surgery. In addition, please you will have another appointment 1 month and 3 months after surgery.

Please do not eat or drink after midnight the night before your procedure. If you need to take your pain medication in the morning you may do so ONLY with a SMALL SIP of water.

You will be seen by Dr Siddique or Perri as well as your Internist during your hospital stay and prior to being discharged from the hospital. You will have time to call on a friend or family member to collect you.

You may want to find out from our office, prior to your surgery, the names and numbers of the physician(s) assisting with your procedure in order to find out if they are indeed a networked provider with your insurance. We accept patients from all insurance providers although we may not be contracted



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**Institute for Spinal Disorders**

providers for your specific insurance. However, we will work with you in order to provide the best medical and financial experience. Please independently verify with our billing company (Med Net, (310) 322-4278) what your estimated cost will be prior to surgery.

If there is something the in-house nurses cannot answer or you feel more comfortable speaking with someone on our staff then we can be called or paged immediately.

We are available for you at anytime. Please directly email Dr. Siddique ([siddique@beverlyhillsspinesurgery.com](mailto:siddique@beverlyhillsspinesurgery.com)) or Dr. Perri ([perri@beverlyhillsspinesurgery.com](mailto:perri@beverlyhillsspinesurgery.com)) with any questions (please keep messages as short as possible). In case of an emergency, you can call either physician at (310) 551-2600 and ask for Dr. Perri or Dr. Siddique to be paged directly. The physicians are available 24/7 for your questions. We are committed to promptly answering your questions.

Please feel free to call our office anytime with any further questions or concerns. We are more than happy to help in anyway we can.

*Thank you,*

***Erika Cartagena***

*Surgical Coordinator*

*(310) 423-9623*

[erika@beverlyhillsspinesurgery.com](mailto:erika@beverlyhillsspinesurgery.com)

***Michelle Esparza***

*Patient Care Coordinator*

*(310) 423-9277*

[michelle@beverlyhillsspinesurgery.com](mailto:michelle@beverlyhillsspinesurgery.com)